

Guidelines for the prescribing of Stoma Additional Products Preferred in Primary Care

The Specialist Stoma Nurses across Dorset have agreed a Stoma Care Additional Products Formulary (also known as stoma ancillary products); the most cost-effective products have been selected on the advice and experience of the local stoma nurses.

Stoma care additional products are prescribed for individual patients to help prevent sore skin and other problems developing with the stoma. New patients will be started on these formulary choices, existing patients should be reviewed when seen in clinic or during domiciliary visits to ensure formulary choice products are prescribed (if clinically appropriate).

- **Patients seen by the stoma clinic will be issued with 14 days' supply.**
- **The Stoma clinic will inform the GP of the patient's stoma repeat products. This information must specify quantities required for a 28-day period.**
- **The patient should also be issued with a list of products prescribed for them, along with the recommended quantities for a month's supply or frequency to order if required less often.**

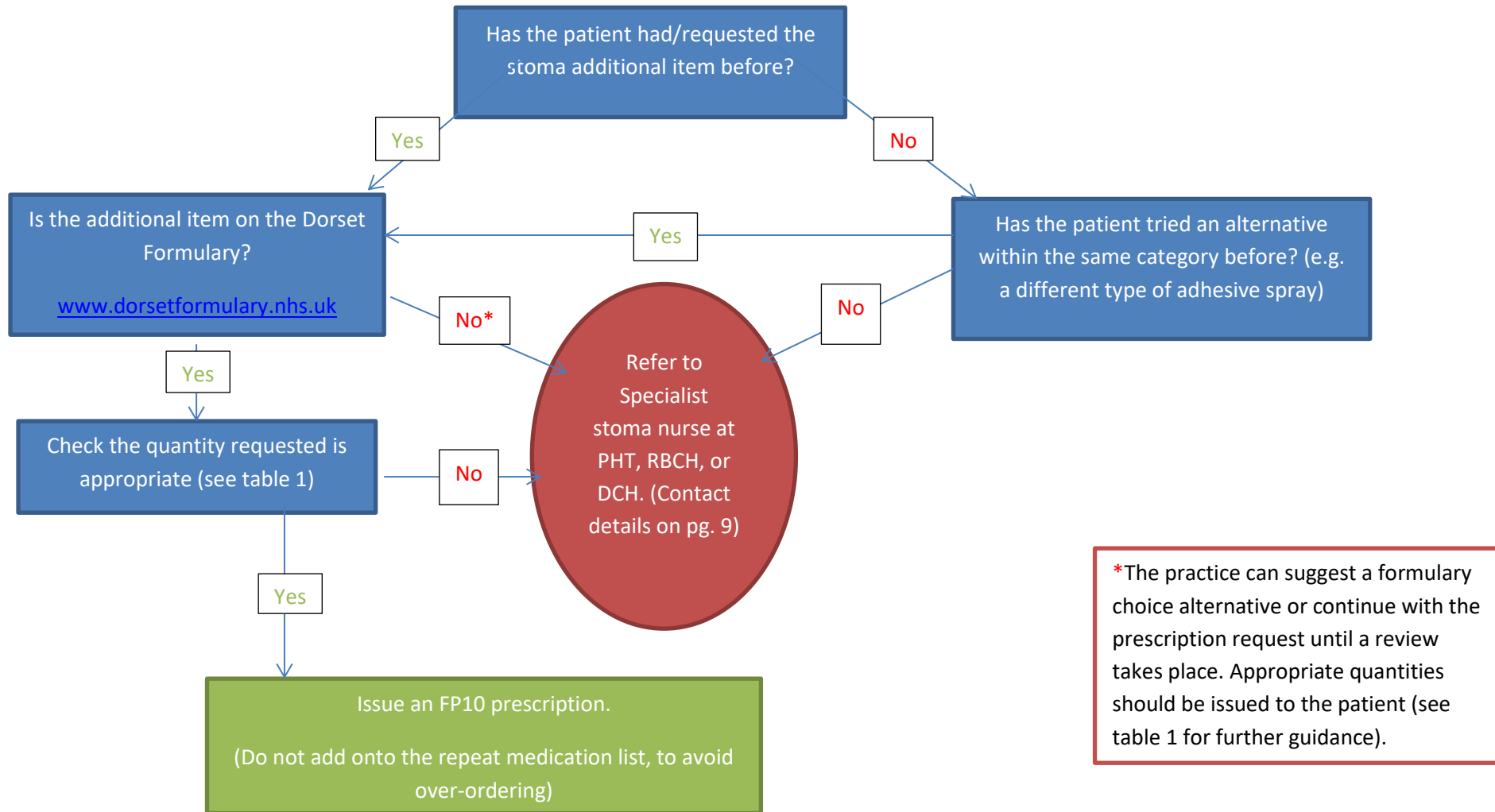
Stoma clinics and GP practices must **not** provide retrospective prescriptions when requested by appliance contractors, dispensing practices or community pharmacies. All prescriptions with the appropriate quantities must be ordered by the patient or stoma clinic at least 14 days before they are needed.

- GP practices should have a process for checking the quantities and frequency of repeats and contact the patient if there is a query. If the GP practice, feel the patient is regularly over-ordering the stoma nurse should be contacted to follow this up.
- Stoma products should be issued on a separate FP10 prescription to the patient's regular medication.
- Stoma FP10 prescriptions should be sent to the patients nominated dispensing organisation for stoma products (this may be different from the patients regular dispensing organisation).

If a GP has a patient receiving non-formulary stoma items and/or large quantities and has not had a recent review, the patient should be referred to their local stoma clinic (Poole General Hospital, Royal Bournemouth & Christchurch Hospital or Dorset County Hospital), details are listed on page 9 (The patient may also self-refer).

If in doubt, contact the patient's Local Stoma Nurse (contact details on page 7)

Flow chart for requests for stoma additional products preferred on FP10 prescription



STOMA CARE ADDITIONAL PREFERRED PRODUCT LIST

This guide is for first line choices for most stoma patients. The list does not preclude other products where there are specific clinical reasons that make a first line option inappropriate. For further advice / guidance please contact the Stoma Care Team – Tel: 01305 255152 (Dorchester) or 0300 019 4813 (Bournemouth) and 0300 019 8199 (Poole). Table 1:

Product Type	Manufacturer	Product Name	Other specification (Fragrance, size etc.)	Pack Size	Product Code	Price /pack	Price/unit	Average Monthly Quantity	Comments
Adhesive Remover Spray	Salts Healthcare	Salts Adhesive Remover Spray®		50ml	WAP		£6.91	1 to 4 bottles per month	To aid gentle adhesive removal preserving skin integrity. Effective for ileostomy and urostomy pouch removal especially.
	Hollister Ltd	Adapt No-Sting medical adhesive remover aerosol®		50ml	7737		£7.31		
	Dansac Ltd	Dansac EasiSpray adhesive remove®		50ml	083-01		£6.84		
	Respond Healthcare Ltd	PEEL Adhesive Remover Spray® (formerly Remove Adhesive Remover Spray)		50ml	OPA50 (Apple) OPB50 (Blackberry) OPM50 (Mint) OPN50 (No fragrance)		£6.90		
Adhesive remover wipes	Salts Healthcare	Salts Adhesive Remover Wipes®		30	WAP2	£9.01	30p		
	Rhodes Pharma Ltd	Stocare Remove Non-Sting medical Adhesive remover Wipes®		30	STC 200	£8.50	28p		

Product Type	Manufacturer	Product Name	Other specification (Fragrance, size etc.)	Pack Size	Product Code	Price /pack	Price/unit	Average Monthly Quantity	Comments
Barrier Wipes	Salts Healthcare	Salts Barrier Film Wipes®		30	PPS1	£16.57	55p	1-3 packs per month	Protects fragile skin. Protects skin from harmful effects of contact with stoma output. 1 wipe should be used per bag change.
	Respond Healthcare Ltd	Guard Non sting barrier Film® (formerly Ostomart OstoGuard no sting protective skin barrier film) 3ml sachets		30	RMC3	£21.88	73p		
	Pelican Healthcare Ltd	Pelican Barrier Film Wipes® Platinum with Vitamin E		30	130300E	£23.06	77p		
Filler / Sealing Paste	Pelican Healthcare Ltd	Cohesive Paste®		60g	839010		£9.17	1-2 tubes per month	Prevents leaks by filling creases or providing reinforcement to adhesive seal. Pelican paste for use on sore or broken skin as contains no alcohol.
	Dansac Ltd	Soft Paste®		50g	77550-0		£3.86		
Other Paste	ConvaTec Ltd	Orabase Paste®		30g	S103		£2.23	1-2 per month	AMBER - for protective paste for Peristomal or Mucosal Ulceration or Mucocutaneous Separation. Should only be a recurring item for patients with prolapsed stoma.
Flange Extenders	Various	Various						1-3 strips per pouch change	AMBER – Individual choice based on patient needs – only to be initiated by stoma nurse Provide extra adhesive area The flange is not changed at every bag change.
Mouldable Seals	Hollister Ltd	Adapt barrier ring®	48mm	10	7805	£18.80	£1.88		Prevent leaks by reinforcing adhesive seal, act as filler.
			98mm		7806	£23.69	£2.37		

Product Type	Manufacturer	Product Name	Other specification (Fragrance, size etc.)	Pack Size	Product Code	Price /pack	Price/unit	Average Monthly Quantity	Comments
Mouldable seals		Adapt slim barrier ring®	48mm	10	7815	£18.21	£1.82	1 per pouch change	Adapt Barrier/slim Rings –1 st choice (Green on formulary) Adapt CeraRing –GREEN.
		Adapt CeraRing®	48mmx 4.45mm	10	8805	£23.47	£2.29		
		Adapt CeraRing®	48mmx 2.3mm	10	8815	23.47	£2.35		
	Dansac TRE seals	Dansac TRE seals®	20mm (45mm diameter)	30	071-20	£71.15	£2.37		
		Dansac TRE seals®	30mm (57.5mm diameter)	30	071-30	£71.15	£2.37		
		Dasac TRE seals®	40mm (70 mm diameter)	30	071-40	£71.15	£2.37		
	Brava Protective Seal	Brava Seal® (2.5mm depth)	18mm-48mm	30	12035	£60.30	£2.01		
			27mm-57mm	30	12037	£62.49	£2.08		
			34mm-64mm	30	12039	£63.74	£2.12		
			18mm -57mm	30	12036	£63.02	£2.10		
			18mm-64mm	30	12038	£64.25	£2.14		
			18mm-76mm	30	12032	£69.95	£2.33		
			27mm-76mm	30	12033	£69.95	£2.33		
		Brava Seal® 4.2 mm depth	18mm-48mm	30	12045	£61.24	£2.04		
			27mm-57mm	30	12047	£64.37	£2.15		
			18mm -57mm		12046	£64.87	£2.16		
			18mm-64mm		12048	£66.40	£2.21		
34mm-57mm			12049	£65.93	£2.20				

Product Type	Manufacturer	Product Name	Other specification (Fragrance, size etc.)	Pack Size	Product Code	Price /pack	Price/unit	Average Monthly Quantity	Comments
Lubricating Deodorant	Respond Healthcare Ltd (previously Ostomart Ltd)	Glide Odour neutralising Pouch Lubricant® (formerly OstoZyme Multi Odour Neutralising Lubricating Gel)		300m	TCB6		£8.42	1 squirt / sachet per pouch change	AMBER only after a trial of baby oil or alternative simple measures
Protective Powder	ConvaTec Ltd	Orahesive powder®		25g	S106		£2.59	1 per month	AMBER – only to be initiated by stoma nurse; Protective powder for broken skin or Mucocutaneous Separation.
	Hollister Ltd	Adapt stoma powder®		28.3g	7906		£2.76		
Solidifying agents	Respond Healthcare Ltd (previously Ostomart Ltd)	Absorb Odour neutralising Absorbent Gel® (formerly OstoSorb gel 3g sachets)		30	PFW5	£10.30	34p/sach	1 per pouch change	AMBER – only to be initiated by stoma nurse Thickens liquid output to aid management.
				150	PFW6	£43.20	28p/sach		
Deodorising Spray	Respond Healthcare Ltd (previously Ostomart Ltd)	Neutralise® (formerly OstoMart ostoMist odour Neutralising Spray)		50ml	Apple DPA2 Blackberry BDW2 Cinnamon & Sandalwood CSW2 Grapefruit DWR2 Mint SBL2		£4.34	1 per month	AMBER – Deodorising spray is only to be initiated by stoma nurse (50ml size only).
Appliance Belts	Variable	Variable			Variable			3-6 per year	AMBER - For use with convex pouches mainly; provides extra security and reinforces seal.
Protective wafer / dressing	Protective wafers are NON-FORMULARY please use a dressing from the wound formulary found here .							1 Per Pouch change	Protects skin in cases of contact dermatitis. To cover wounds/ulcers etc. and allow pouch adhesion.

*Prices correct August 2021 Drug Tariff

The Following Items are non-formulary and prescribing in primary care would not be expected:

- Underwear (except for hernia support underwear which is considered Amber)
- Skin Cleansers and Washes

- Stoma Filters
- Liquid or aerosol adhesives (only sprays and wipes as above)
- Gauze swabs
- Bridges
- Pouch clips

Stoma bags (pouches) need to be individually tailored and are NOT included in the formulary. For these prescriptions, GP practices should check the quantities being requested are reasonable.

Guidance on quantities for Stoma bags (pouches) below:

Appliance	Quantity per month	Directions	Normal usage	Extra information
Colostomy Bags	30-90 bags	Remove and discard after use.	1-3 per day	Not re-usable. Can be 1 or 2 piece
Ileostomy bags	10-30 bags	Drain as directed. Use new bag every 1-3 days.	1 bag every 1-3 days	Drainable Can be 1 or 2 piece.
Urostomy bags	10-30 bags	Drain as required Use new bag every 1-3 days	1 bag every 1-3 days	Drainable Can be 1 or 2 piece. Require additional night bag.
Night drainage bags	4 bags (1 box of 10 bags every 2-3 months)	Use new bag every 7 days.	1 per week	Drainable. Rinse as directed by stoma care nurse.

Stoma Nurse Contact Details:

GPs may refer patients to the Stoma clinics, or patients may self-refer. The stoma clinics available across Dorset are listed below:

<p>Dorset County Hospital NHS Foundation Trust Kate March - Lead Nurse - Stoma Care Team Telephone: 01305 255152 Ext: 5152 Email: stomacare@dchft.nhs.uk</p>	<p>University Hospitals Dorset (Bournemouth Site): Jane Wijeyekoon – Lead Stoma Nurse Specialist Telephone: 0300 018 4813 Email: stoma.care@uhd.nhs.uk</p>	<p>University Hospital Dorset (Poole Site): Tracy Lees - Stoma Nurse Specialist Telephone: 0300 019 8199 Email: stoma.team@uhd.nhs.uk</p>
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Guidelines for the prescribing of Additional Products in Primary Care were adapted from the Wiltshire CCG 'Guidelines for the prescribing of stoma appliances' and in conjunction with the Stoma Nurses from DCH (Kate March), UHD (Bournemouth) (Jane Wijeyekoon) and UHD (Poole) (Tracy Lees) with the Medicines Optimisation Team NHS Dorset CCG.

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